

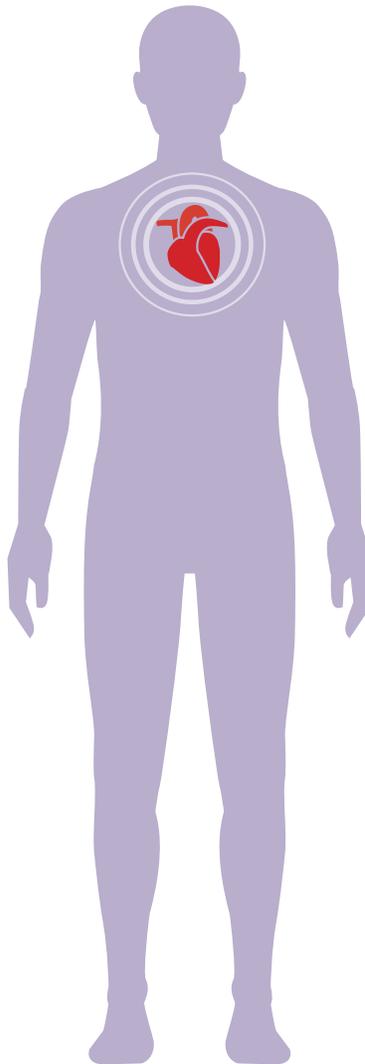


KNOW THE SIGNS OF A HEART ATTACK

- IN MEN -

Heart disease is one of the most common health problems that men face. By knowing some of the signs and symptoms of heart disease, they may be able to reduce their risk of developing serious complications, such as a heart attack. Men and women share many of the symptoms for heart disease and heart attacks. However men are more likely to experience these well-known symptoms.

85% OF THE DAMAGE
TO THE HEART
TAKES PLACE IN THE FIRST
2 HOURS
OF A HEART ATTACK



Shortness of breath

Chest Pressure,
burning, aching
or tightness



Fatigue

Anxiety



Jaw pain

Feeling of fullness
or nausea



Pain that travels
down one or both
arms

Back pain



If you are experiencing any of these heart attack symptoms, don't delay call 911 right away!



**IDAHO TIME SENSITIVE
EMERGENCY SYSTEM**
TRAUMA | STROKE | STEMI